YOUR GO TO

RESOURCE LIST

OUTDOOR



Activities like running, jumping, climbing, or playing group games in outdoor spaces help children develop physical strength, balance, and coordination. Outdoor play also encourages exploration, problemsolving, and social interaction, providing opportunities for selfexpression and emotional regulation.

GROSS MOTOR GAMES

Gross motor games help children develop large muscle groups, coordination, balance, and overall physical fitness. Activities like running, jumping, hopping, or playing games such as relay races, sack races, or obstacle courses encourage children to move their bodies in different ways.



CONNECTION TO NATURE

Engaging with outdoor environments through music and movement helps children develop a sense of connection to nature. They learn to appreciate the natural world, not just as a physical space, but as a source of inspiration for creative expression and learning.



BUILDING SPATIAL AWARENESS

Outdoor music and movement activities like dance or games that involve navigating space help children develop a better understanding of their body in relation to their environment. This can improve coordination, directionality, and body awareness.

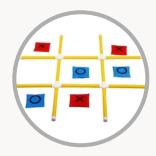


YOUR GO TO

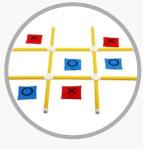
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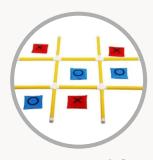
ITEM ID: 801
OUTDOOR GAMES PLAY
EQUIPMENT



ITEM ID: 802



ITEM ID: 803



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ITEM ID: 805

PARACHUTE WITH

CARRY BAG

X



ITEM ID: 805

PARACHUTE WITH

CARRY BAG