YOUR GO TO

RESOURCE LIST MUSIC AND MOVEMENT



Activities like dancing, clapping, or playing simple instruments help children develop coordination, rhythm, and motor skills. Music and movement also provide an outlet for self-expression and emotional regulation, making them essential tools for fostering creativity, confidence, and a love for learning.

ENHANCING MEMORY AND RETENTION

Songs with repetition and rhythm help reinforce memory by creating patterns that are easier to remember. Children often recall information more easily when it is set to music, whether it's learning the alphabet, numbers, or even new vocabulary.



PHYSICAL COORDINATION

Music and movement activities require children to use both large and fine motor skills. Dancing, clapping, or playing instruments helps them develop coordination, balance, and body awareness, supporting both gross and fine motor development.



CREATIVITY

Music and movement offer children the opportunity to express themselves in new ways, fostering creativity. Whether through improvisational dance, creating rhythms, or exploring different sounds, these activities encourage children to experiment and think outside the box.







YOUR GO TO ITEM LIST



ITEM ID: 701 EGG SHAKER SET



ITEM ID: 702 MUSIC DANCE SCARFS



ITEM ID: 703 WRIST/ANKLE BELLS



ITEM ID: 704 WOODEN MUSICAL INSTRUMENTS