

4 ELEMENTS OF EARTH

UMBRELLA FAMILY -
JUNE 6TH, 2025

EARTH

AIR

WIND

FIRE





EARTH

Mud Kitchen Play

Set up a mud kitchen using soil, water, and nature items (leaves, sticks, stones).

Encourage children to mix, measure, and create recipes.

Earth Art

Create mandalas or collages using natural materials like leaves, twigs, and seeds.

Try leaf rubbings or bark textures with crayons.

Gardening Together

Plant seeds in containers or outdoor beds.

Discuss worms, roots, and how soil supports growth.

Nature Scavenger Hunt

Use a checklist to find and collect natural items (acorns, feathers, rocks).

Classify them by size, texture, or color.

Earth Inspired Magformers



What is a Mandala?

Structure: Typically circular with a central point, surrounded by intricate patterns that radiate outward symmetrically.

Cultural Context:

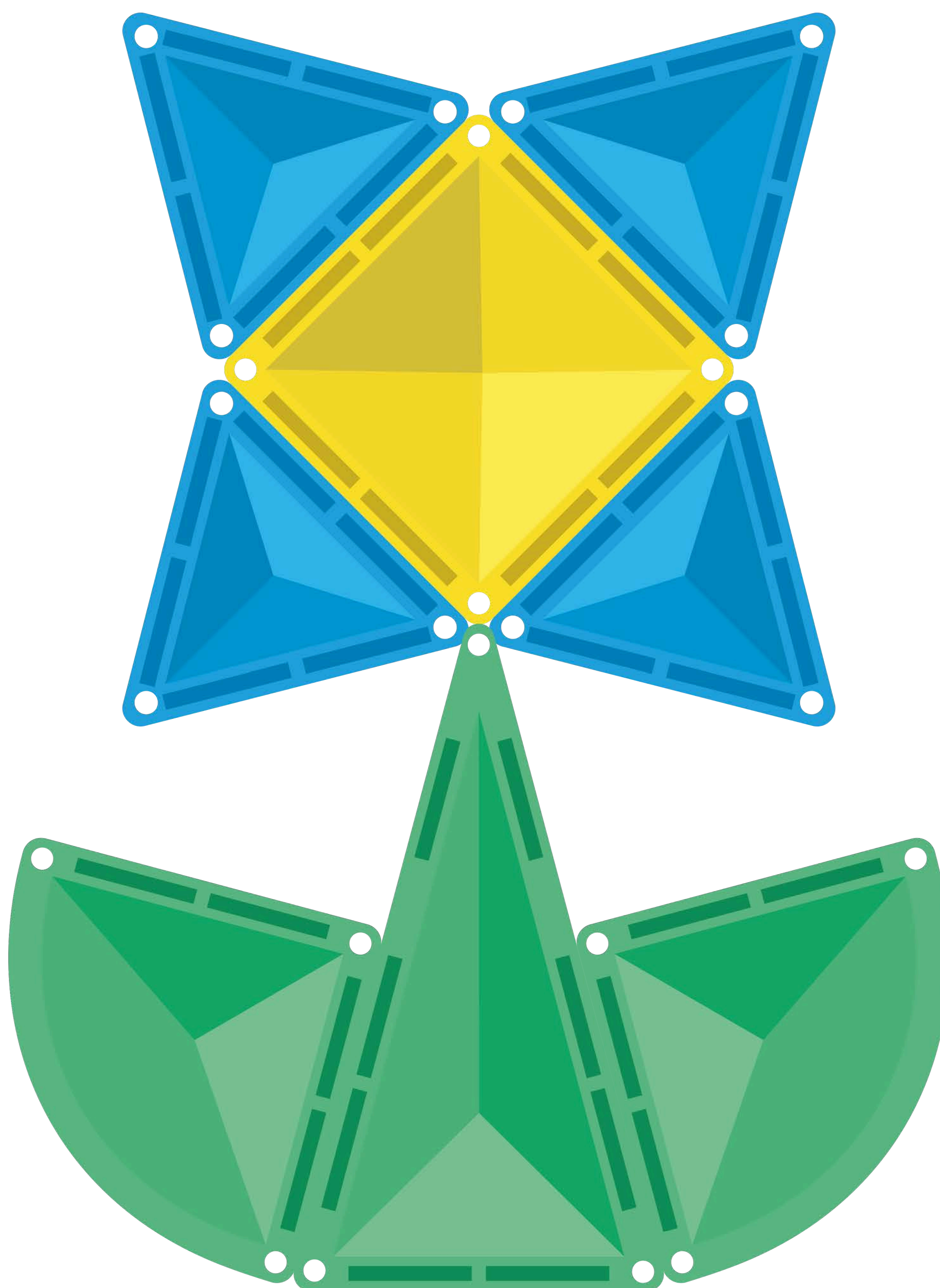
Buddhism: Used in meditation practices and rituals (like sand mandalas).

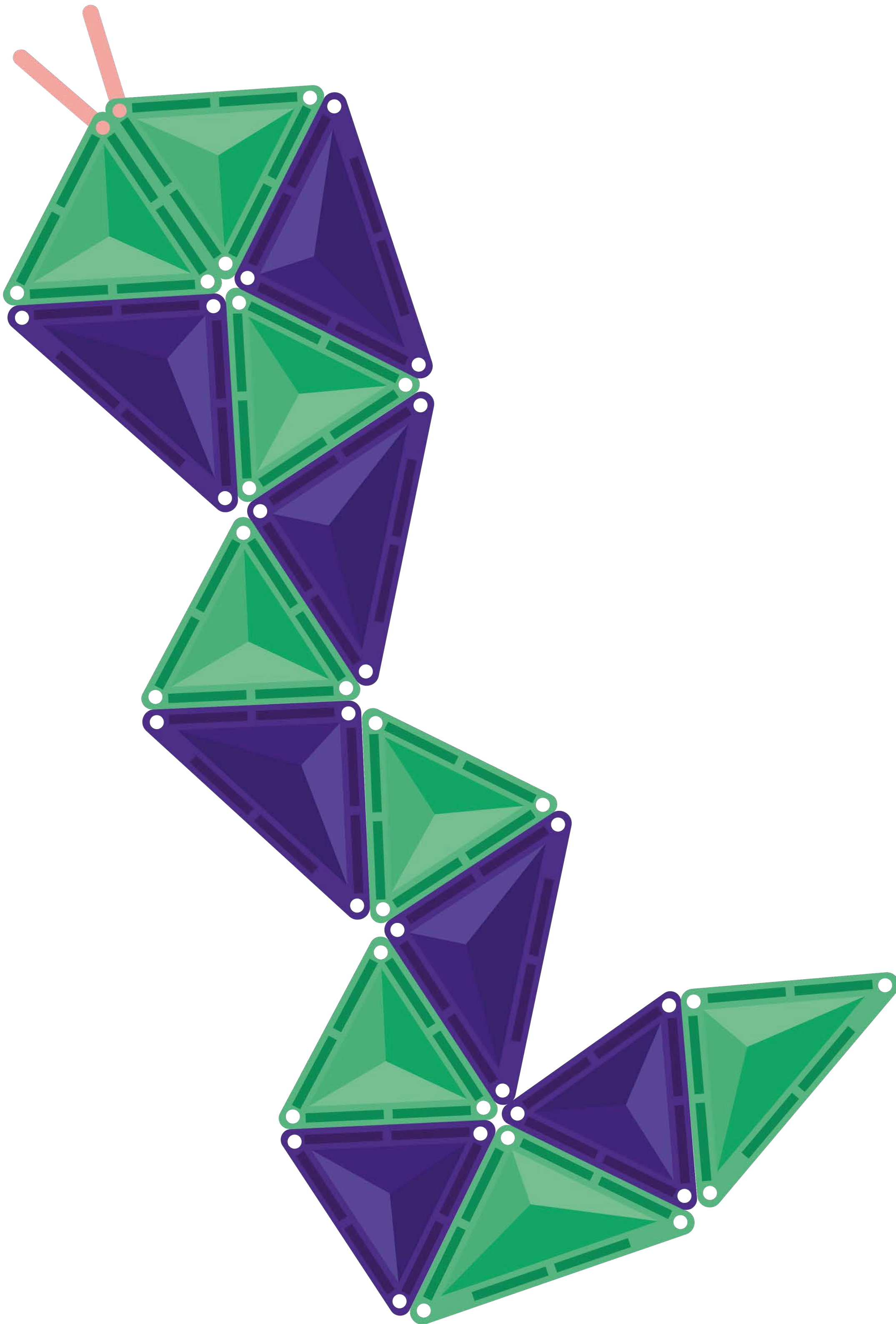
Hinduism: Found in yantras—diagrams used in tantric rituals.

Western psychology: Carl Jung used mandalas to explore the unconscious mind and personal wholeness.









Nature Earth Weaving

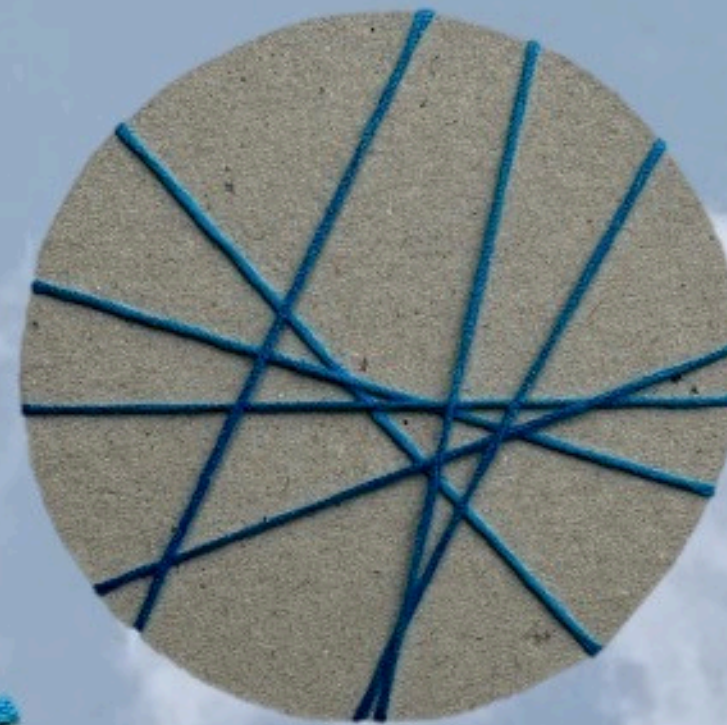
You will need:

- Cardboard
- Blue wool/string
- Green nature



Cut the cardboard into circles.

Wrap blue wool around the circles and secure at the back.



Weave green nature inbetween the wool.

Cress Earth Jars

Grow your own
earth in a jar...

You will need:

- Empty jars
- Soil
- Cress seeds
- Chalk pens



Fill the jar with soil. Sprinkle cress seeds on top of the soil and give them a water.



Decorate the jar with a drawing of the earth.

Water daily until grown.

