



AIR

Parachute Games

Use a large sheet or parachute for lifting, bouncing balls, or running underneath. Great for group cooperation and gross motor play.

Wind Play

Make pinwheels, streamers, or wind socks. Observe wind strength and direction outside.

Feather Races

Use straws to blow feathers across a table. Encourages breath control and playful competition.

Bubble Exploration

Create DIY bubble solution and wands. Explore air movement, surface tension, and blowing techniques.

Switcheroo

The counselor calls out different things such as birthday months, colors of spots, letters in names, etc. Those children swap places under the parachute before it falls.

Flying Saucer

The group lifts the parachute into the air and everyone takes one step forward. When the parachute reaches the highest point, everyone lets go and watches the parachute as it floats down.

Beach Ball Fun

Place beach balls on the parachute and make waves as big as you can! See how high you can get the beach ball, work to keep the balls on the parachute and then try to get them off of the parachute as fast as you can!

Popcorn Pop

Place dodgeballs or ball pit balls on top of the parachute and work as a team to pop the popcorn off of the parachute!

Mushroom

The group lifts the parachute into the air and everyone pulls it down behind their back and sits on the edge. Grab any loose edges and tuck them under your bum. Take a few scoots toward the center and you have a giant mushroom! This is a great time to sing a camp song!

Treasure Hunt

Place a variety of "treasures" (any small items) under the parachute. Have the group make waves like a storm on the sea! Send one or two kids "divers" at a time to retrieve one piece of treasure from the bottom of the sea!

Mountain Climber

The group lifts the parachute into the air and everyone pulls it down in front of them and sit on the edge. Grab any loose edges and tuck them under you. The counselor then chooses one person to "climb the mountain" and touch the center circle and come back.

Handshake Challenge

Have the group bring the parachute way up high above their heads. Call out two names and have the two kids run under the parachute, shake hands, then run back out before the parachute comes down. Continue doing this until all the players have had a chance to run under the parachute.

Parachute Golf

While the players are holding onto the parachute, toss a small ball onto the parachute. Have the players maneuver the parachute to try to get the ball through the hole. When the ball is in the hole, have a caddy go under the parachute to retrieve it and start over.

Cat and Mouse

Everyone sits on the ground and makes waves with the parachute. The mouse crawls under the parachute and the cat crawls on top. The cat tries to gently tag the mouse. Once they are tagged, the cat becomes the mouse and a new kid becomes the cat!

The Name Song

The group sings this song to the tune of Row Your Boat while raising the parachute up high.

Up, up, up it goes

Down, down, down it comes

If your name is _____

Now's your turn to run!

The kid that was called runs under the parachute and returns to their spot before it comes down!

The Catapult

Place a ball on the parachute and catapult it as high as possible!

Work as a team to figure out the best catapulting method!

Bounce Count

Put a large ball on the parachute and make big waves! Count each bounce and see how high you can count without the ball falling off of the parachute! Can you do more than 25? 50? 75? 100???

Roll Ball

Put a ball on the parachute and have the kid start to make waves. Then, yell out the name of one of the kids. The group must then try to use the parachute to get the ball to that person. Once they get it, have them throw it back in and call out a new name!

Shark Attack

Pick one kid to be the 'shark.' They crawl under the parachute and move around underneath. Everyone else makes waves on the sea. The shark will tap someone on the shoe. When they feel a tap, they are the new shark. That person goes under the parachute and swims around. Repeat until everyone has had a go.

Popcorn Chase

Split the group into two teams. One team uses the parachute and the other stands around the outside. Put ball pit balls on top of the parachute and they will try to pop the popcorn off. The kids outside the parachute will retrieve the popped popcorn and return it to the bowl! Whichever team has the least balls at the end, wins! Switch teams!

Grand Old Duke of York

Sing the song and have the kids move the parachute to the words: up means lift it up high, down means bring it down, etc.

*The grand old Duke of York
He had ten thousand men
He marched them up the hill
And he marched them down again
And when they're up, they're up
And when they're down, they're down
And when they were only half-way up
They were neither up nor down*

Under the Bridge

Have everyone hold the bridge above their heads with their arms stretched up high. Then, call one person to go under the bridge. While they go under, the bridge collapses and the kids have to try to "trap" the person under the bridge before they make it across.

Over and Under

Everyone sits on the ground and shakes the parachute. Then, call out one-three names and those kids can then crawl over or under the parachute to another kids spot!

Washing Machine

Have one kid sit in the middle of the parachute with legs crossed. The rest of the kids walk around them while holding the parachute. When they are ready, say "pull" and the kids will pull on the parachute and the person in the middle will spin!

dust storm

Dust Storm Sensory & Movement Lab

Let children explore the sensory, visual, and physical aspects of dust storms through play, movement, and loose materials.

Materials (flexible & open-ended):

- Brown and tan scarves or fabric strips (represent blowing dust)
- Small fans or handheld blowers
- Sand, cornmeal, or flour in trays (for tactile play)
- Construction paper or cardboard tunnels/mazes (optional)
- Eye goggles or bandanas (to role-play protection)
- Toy animals, vehicles, or buildings (to explore dust storm effects)
- Containers or scoops
- Spray bottles with water (for storm aftermath)

Set the Scene:

Tell the children: "We're going to step into a desert, where a dust storm is coming. What does it feel like? What does it sound like? Let's explore!"

Wind Play Station:

Use fans and scarves to create a dust storm. Children can move scarves through the air, dance in the storm, or use them to cover small toys/buildings—mimicking how a storm might bury or cover things.

Tactile Storm Table:

Set up trays with sand, flour, or cornmeal. Children can blow on it with straws, use toy vehicles to drive through it, build small dunes, or bury objects.

Open-Ended Prompts:

- "What do you think causes dust storms?"
- "How would you stay safe in one?"
- "Can you make your own mini storm with the materials?"
- "What happened to the landscape after the storm?"

hurricane

Hurricane in a Jar

What you need: Clear jar, water, dish soap, vinegar, glitter or food coloring

What to do:

Fill the jar $\frac{3}{4}$ full of water.

Add a few drops of dish soap and glitter or food colouring.

Add a splash of vinegar, close the lid tightly, and swirl the jar in a circular motion.

Watch the mini "hurricane" spin!

Hurricane Art Explosion

What you need: Paint, paper, straws, or salad spinner

What to do:

Drop paint on paper and blow it with straws (wind!) or spin it in a salad spinner to create abstract hurricane art.

Step-by-Step Instructions:

1. Build a Cube Frame

Slide a plastic straw piece onto each pipe cleaner segment.

Twist the pipe cleaners together at the corners to make a cube with straws as the edges.

You'll end up with a straw cube supported by pipe cleaners.

2. Prepare the Bubble Solution

Materials Needed:

6 pipe cleaners (or bendable straws/sticks)

12 small plastic straws (cut to fit the pipe cleaners)

Dish soap (preferably Dawn or Joy)

Water

Glycerin or corn syrup (optional, for stronger bubbles)

A shallow tray or bowl

Scissors

How to Make the Amazing Square Bubble!



Mix together:

1 cup of water

2 tablespoons of dish soap

1 tablespoon of glycerin or corn syrup (optional but helps strengthen the bubbles)

Let it sit for a few hours or overnight for best results.

3. Dip the Cube

Pour your bubble solution into a shallow dish or bowl.

Gently dip the entire cube into the bubble solution. Slowly lift it out—you'll see bubble films form across the cube!

4. Make the Square Bubble

Dip a regular straw in the solution.

Gently blow a small bubble into the center of the cube.

The surrounding films will shape the center bubble into a square-like bubble suspended inside!



Bee

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