

Programs Resource Guide - JUNE 2024

June is National Indigenous History Month

What is National Indigenous History Month?

National Indigenous History Month is a time to honour and learn about the diverse cultures, histories, and contributions of indigenous peoples in Canada. It is essential to integrate this recognition into our programs, fostering an inclusive and respectful environment for all children, families and staff members.

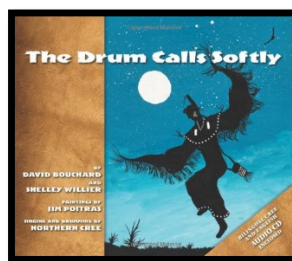
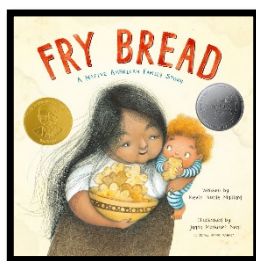
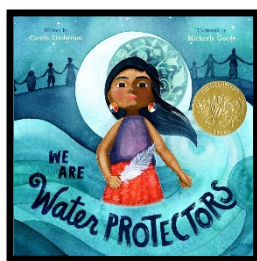
Goals:

- Promote awareness: Educate children and co-workers about Indigenous cultures and histories. Invite children to participate in activities that celebrate indigenous traditions.
- Celebrate Diversity: Highlight the richness and diversity of Indigenous traditions and practices. Use age appropriate books, stories and media to teach about indigenous traditions.
- Foster Respect: Encourage respect and understanding for Indigenous peoples and their contributions.

Key Concepts

1. Terminology: Use appropriate terms such as First Nations, Metis, and Inuit
2. Diverse Cultures: Recognize the diversity within Indigenous communities.

Books to support National Indigenous Day in our programs:



June is Filipino Heritage Month

What is Filipino Heritage Month?

Filipino Heritage month is celebrated across Canada every June. Officially declared by the Canadian House of Commons in October 2018. The month recognizes the significant contributions of Filipino Canadians to the country and celebrates filipino culture, traditions and history. The celebration includes various events such as cultural shows, food fairs, art exhibits, and community gatherings.

How we can celebrate Filipino Heritage Month in our Programs:

Introduce traditional Filipino games and art to children.

Invite the children to create their own Bahay Kubo: a traditional Filipino stilt house. Set up the

provocation with images of Bahay Kubos and the book listed below as well as creative art materials such as popcicle sticks, bamboo sticks, leaves, cardstock, glue, cardboard etc. During the activity invite the children to grab materials they would like from the art shelf.



Books to support Filipino Heritage Month in our programs:



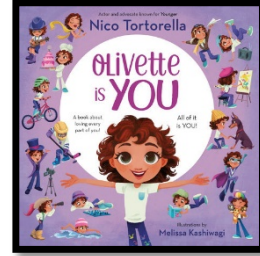
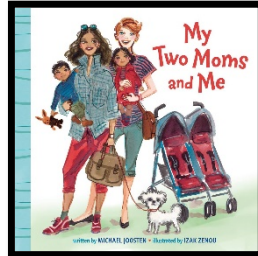
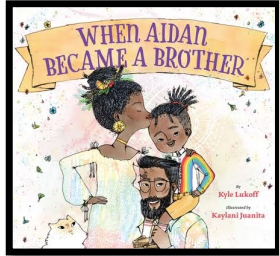
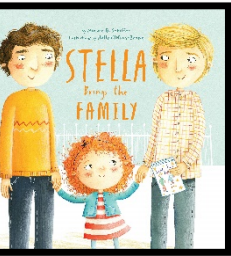
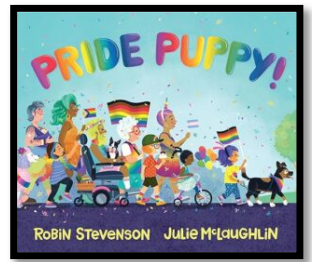
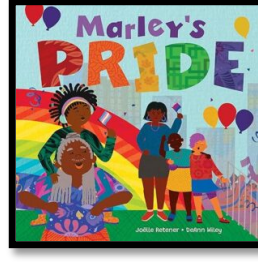
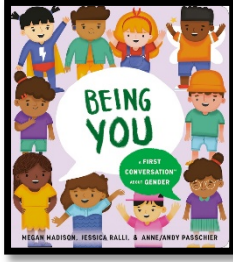
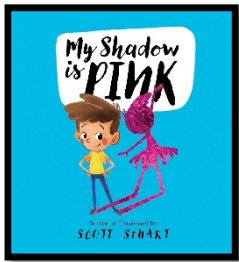
June is Pride Month

During the month of June, we join millions of individuals and communities around the world in celebrating Pride Month. This is a time to acknowledge and recognize the diverse identities and experiences of the LGBTQ2S+ community, including children, families, and staff members within our organization.

At Umbrella, we believe in fostering an inclusive and accepting environment where every staff member, child and family feels safe, valued, and supported. We celebrate the richness of diversity and understand the importance of creating spaces that embrace and affirm all identities.

Pride Month provides us with an opportunity to engage in meaningful conversations, to understand, and educate ourselves about the LGBTQ2S+ community. Through a variety

Books to support Pride in our Program:

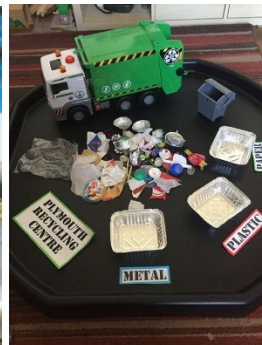


Canadian Environment Week – June 2nd-8th

Like Earth Day, it's a week to learn about the importance of caring for the environment. It is important to share nature with children and connect with nature everyday in outdoor play. While outside invite children to have conversations about the trees, the grass, the flowers, the sky and clouds. Through age-appropriate conversations, teach them about how they are important.

How we can celebrate Canadian Environment Week in our programs:

Invite children to plant and watch grass seed grow right before their eyes. The children can watch as they grow one classroom grass buddy or the children can create their own unique buddy. Children are naturally curious and excited about the garbage truck they see in the community, take the opportunity to learn with them and invite some hands-on learning experiences in the classroom such as sorting through recyclables. Invite the children to create beautiful junk collages.



Books to support Canadian Environment Week:



Father's Day – June 16, 2024

What is Father's Day?

Father's Day is a special day dedicated to honouring fathers, fatherhood, paternal bonds and the influence of father's in society. Instead of focusing solely on fathers, educators can celebrate families as a whole. Encourage children to talk about the special people in their lives.

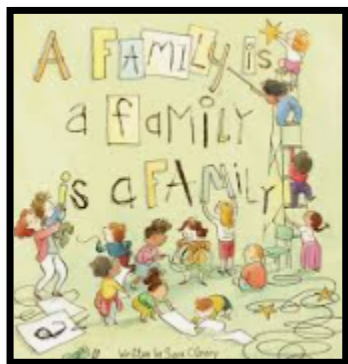
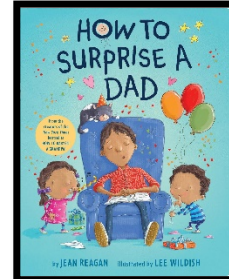
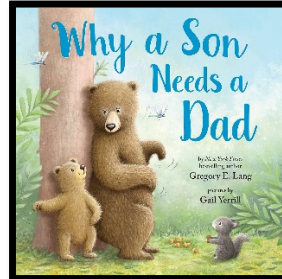
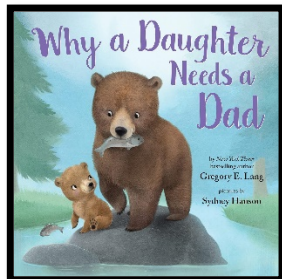
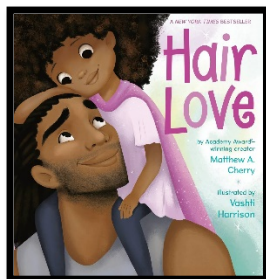
*Please reference June's Program Resource Guide from 2023 for more information.

How we can celebrate Father's Day in our programs

Invite children to make a home-made gift, card or piece of meaningful art for their father or father figure. Invite the children to share conversations about how they will be celebrating their loved ones during the upcoming day or things that they enjoy doing with their father or father figure.



Books to support father's Day in our Programs



Eid al-Adha- June 1

Eid al-Adha, or The Festival of the Sacrifice is one of the most important holidays in the Islamic calendar.

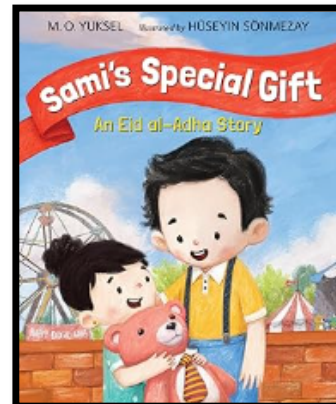
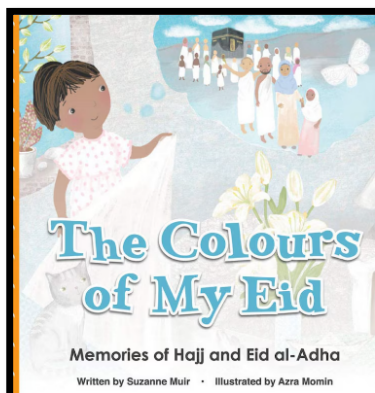
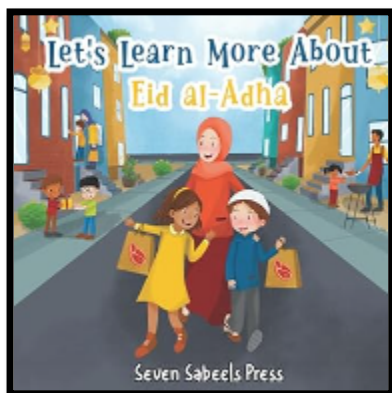
Traditionally, the day is spent with family and involves exchanging gifts and feasting.

The most popular greeting during Eid is "Eid Mubarak", which translates as Blessed Eid. And with that, we'd like to wish a joyful and blessed Eid al-Adha to all our employees celebrating!

How to Bring Eid Into our Programs:

Ask those who celebrate to share their traditions. If you, as an employee, celebrate, continue sharing about your holiday with the group of children.

Read stories, including these featured below:



Encourage children to think about others:

One of the significant focuses of Eid al-Adha is about helping those that are less fortunate. Help children to make connections with their community.

National Indigenous Peoples Day - June 21

What is National Indigenous Peoples Day?

National Indigenous Peoples Day is a day to honour and recognize rich cultures, unique heritage, and significant contributions of indigenous peoples in Canada. It offers an opportunity for all Canadians to learn about Indigenous cultures and reflect on the historical and on-going injustices faced by Indigenous communities. By incorporating activities that promote cultural awareness, respect, and inclusion, we as educators can enrich the learning environment and foster a sense of unity and understanding among all children.

How we can support National Indigenous Peoples Day in our programs:

Creating an inclusive environment mean acknowledging and celebrating the diverse cultural backgrounds of all children through story-telling sessions from indigenous cultures, Language learning by introducing basic words and phrases in local Indigenous languages. Use songs, rhymes and simple conversation to make the learning process fun and interactive.

Invite children to create open ended process focused dream catchers.

Present the children with a provocation of Indigenous Art as an inspiration to their own creative art.

Music and Dance to celebrate Indigenous culture:

Gather or make traditional instruments with children rain sticks, drums etc.

Share Indigenous dances and musical performances with children.



Books to support National Indigenous Peoples Day:



Canadian Multiculturalism Day June 27th

What is Canadian Multiculturalism Day?

Multiculturalism Day recognizes and honours the cultural diversity of Canada and the contributions that various cultural groups have made to the country. It is an opportunity for Canadians to reflect on and celebrate their diverse heritage, promoting understanding, mutual respect and inclusivity. The day often features various events and activities such as cultural performances, festivals and community gatherings. These activities aim to foster a greater appreciation for the different cultural traditions and practices within Canadian society, highlighting the importance of multiculturalism in building a cohesive and vibrant community.

How we can celebrate Canadian Multiculturalism Day in our Programs:

Ensure that our classroom environments are reflective of the children and families we serve, these environments provide learning experiences that meet children's need for positive self-identity development, thus supporting cognitive, language, physical, social and emotional development. Look at the materials, dress-up clothing, toys, dolls in the classroom to ensure they reflect the children and families in our programs.

refer to the EDIB check-list to reference inclusivity in our programs

Invite the children to read stories from around the world, add books that highlight different cultures, traditions and language. Throughout the story or after the story follow-up with the children through intentional conversations that foster an appreciation for differences and similarities among people, among one another. Invite the children to share with you and their peers during a gathering time some of their cultural beliefs, holidays and traditions. During conversations with families invite them to share recipes with the cook for children to experience meals that are familiar to them and to introduce a variety of foods to children.

Books to support Canadian Multiculturalism Day:



