

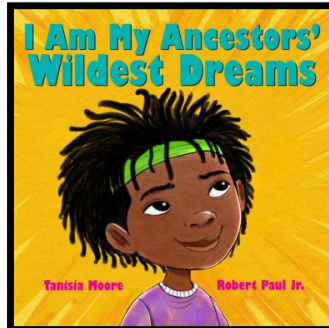
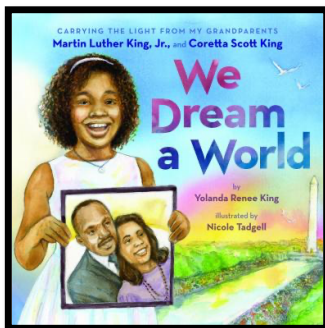
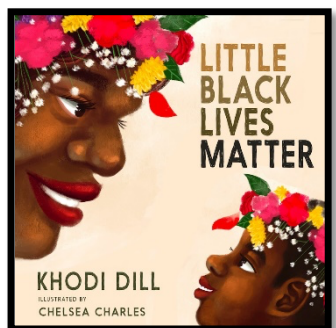
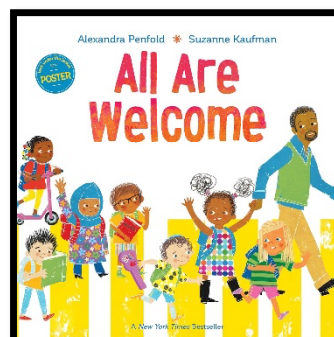
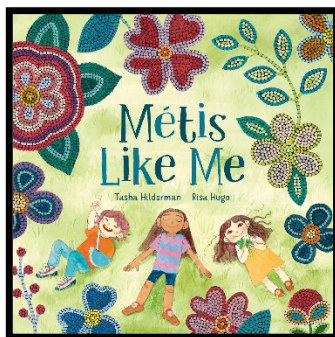
Programs Resource Guide - August 2024

Emancipation Day – August 1st

What is Emancipation Day?

Emancipation Day is an occasion that commemorates the elimination of slavery and the pursuit of freedom for the black and indigenous communities in Canada. By acknowledging this historical event, we can help children understand the importance of equality, justice, and human rights. To develop a baseline understanding of the community, we have prepared an introduction to the Black community in Canada. The Black community resource document has been shared along with this resource guide and can be accessed in the employee portal.

Books to support Emancipation Day:



International Youth Day – August 12th

What is International Youth Day?

International Youth Day is a day to commemorate and uplift the voices of the younger generation and celebrate their contributions of activism in society. Celebrating the importance of the role of youth today, with the knowledge that children are our future and they have the capabilities to change the world for the better.

Children need to be encouraged, their self-esteems boosted and feel loved and cared for – every day. This is how we will raise a generation of world changing children.

How we can celebrate International Youth Day in our programs:

- Celebrate an all about me day in the classroom with a heavy focus on the children and their individuality. Encourage the children to share something from their own culture, bring in their favourite board game, a special item or music.
- Encourage the children to create family shields, all about me packets, self portraits or open-ended art expressions.
- Encourage the children to have fun, let them get messy and explore fully in nature, in art and in play.
- Celebrate the children's unique strengths. Set up obstacle courses for children that enjoy a gross motor challenge, invite children to create their own boardgame – with its own rules and board game pieces for children that enjoy a challenge of creativity.
- Host an art gallery displaying all the children's hard work for families to enjoy at pick-up. Invite the children to create open ended art with a variety of mediums – such as clay, paint, mixed materials and loose parts, markers and crayons, the possibilities are endless. There are a multitude of benefits for children being celebrated in their creative journey, when they see their artwork on display it helps encourage their creativity, shows your support, creates a sense of self and makes memories.
- Invite children to think of ways they would like to help change their world for the better – help them learn how to achieve this in age-appropriate ways this will ensure a more accepting, caring future.



Books to support International Youth Day:



For more information:

<https://childrenbelieve.ca/tag/international-youth-day/>

<https://www.beautybyearth.com/blogs/blog/activities-to-do-with-kids-for-international-youth-day>

Tu B'Av - Beginning at sundown on August 18 and ending at nightfall on August 19th

What is Tu B'Av?

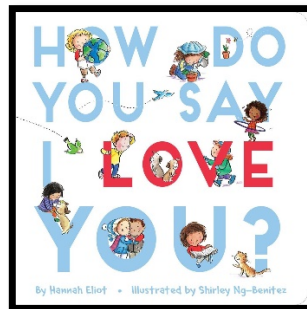
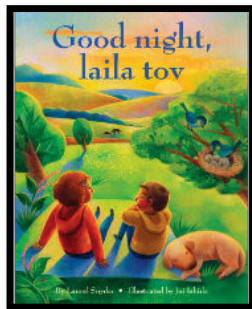
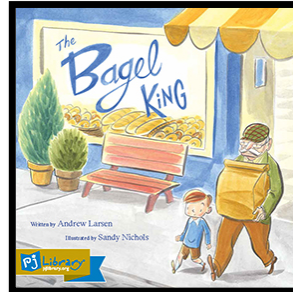
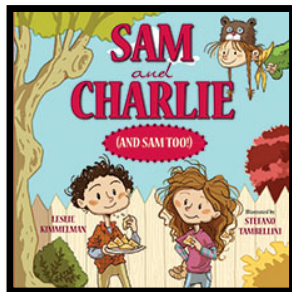
Tu B'Av is the Jewish Day of Love. A holiday traditionally associated with Jewish culture that celebrates love and relationships. This day can be celebrated by focusing on values of love, kindness and friendship.

How we can celebrate Tu B'Av in our programs:

- Love and Empathy: Introduce the concept of love and empathy to children, emphasizing the importance of expressing care, compassion, and appreciation towards family, friends, and peers.

- Acts of Kindness: Encourage children to engage in acts of kindness that promote positive relationships. Activities such as creating greeting cards, sharing positive affirmations, or engaging in cooperative games can foster a sense of community and emotional well-being.
- Cultural Diversity of Love: Highlight that love and caring relationships are universal and not confined to specific cultures or religious backgrounds. Discuss how different cultures and communities express love and celebrate relationships.

Books to support Tu B'Av in our programs:



World Humanitarian Day – August 19th

What is World Humanitarian Day?

Humanitarian Day is a day to learn about empathy, compassion and helping others. This is a day for building community within our classrooms, our childcare programs and our community.

How we can celebrate world humanitarian day in our programs:

- Invite children to have open discussions around the concept of helping others and community service. Encourage the children to create a classroom project that would help the community use their ideas for role-playing and dramatization play.
- Invite your school age children that would like to be involved in being a kindergarten buddy. Both School Age and Kindergarten staff will have to be in collaboration for this to be successful. The children can draw a name, or a child can be selectively paired by educators. Weekly or Bi-weekly cards and artwork can be exchanged between the children and a possible reading buddy day can be arranged between the groups. The children learn to build community within their school, develop relationship building and care for others. (Think Paddington Post cards for reference)

- Think about giving back to the community your childcare families reside in after a discussion with your on-site supervisor think about what could be helpful to families: a lending library, a food pantry built by donations etc.
- Helping Hands wall display: Invite the children to create their hand and or arm they choose how they want to represent their own arm through their design process. Invite the children to write how they help out at home, in the community or in their classroom.



Books to support World Humanitarian Day:



For more information:

<https://2022.worldhumanitarianday.org/>

Raksha Bandham (India) - August 19th

What is Raksha Bandham?

Raksha Bandham is a day dedicated to celebrating the bond of love and protection between siblings. It serves as a reminder of the profound bond between siblings, strengthening familial ties and spreading love and happiness nationwide. 'Raksha' means protection and 'Bandhan', to tie. A sister will wrap a red-and-gold rakhi (sacred thread of love) around her brother's wrist and say a prayer for his wellbeing, as she makes a mark on his forehead with red powder. Raksha Bandham is a day to truly believe in the word care and to celebrate that care means so much under the surface – it's what each and everyone of us need.

How we can celebrate Raksha Bandham in our Programs:

- Invite the children to create bracelets using colourful yarn and beads. Encourage the children to think about a loved one they would choose to make this thoughtful gift for.
- Invite the children to create homemade gifts with beautiful junk, loose parts and materials that they believe to be special to the receiver.
- Offer opportunities around the significance of sibling bonds and invite children to share something special about their sibling or loved one.
- Invite the children to participate in collaborative activities and games that will focus on children creating bonds, fostering co-operation, empathy and a sense of belonging.



Books to support Raksha Bandham in our programs:

